

IAAF
World Race Walking
Cup



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Chihuahua
2010

Team Manual

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1. ORGANISATION

1.1 IAAF Council

President	Lamine DIACK (SEN)
Senior Vice-President	Sergey BUBKA (UKR)
Vice-Presidents	Dahlan Jumaan AL HAMAD (QAT) Sebastian COE (GBR) Robert HERSH (USA)
Honorary Treasurer	Jean POCZOBUT (FRA)
Council Members	William BAILEY* (AUS) Valentin BALAKHNICHEV (RUS) Pauline DAVIS-THOMPSON (BAH) Helmut DIGEL (GER) Nawal EI MOUTAWAKEL (MAR) Roberto GESTA DE MELO* (BRA) Abby HOFFMAN (CAN) Alberto JUANTORENA DANGER (CUB) Hamad KALKABA MALBOUM* (CMR) Suresh KALMADI* (IND) Ilka KANERVA (FIN) Isaiah F. KIPLAGAT (KEN) Chaoyi LUO (CHN) Neville MCCOOK* (JAM) Cesar MORENO BRAVO (MEX) José María ODRIOZOLA (ESP) Jung-Ki PARK (KOR) Anna RICCARDI (ITA) Katsuyuki TANAKA (JPN) Hansjorg WIRZ* (SUI)
General Secretary	Pierre WEISS (FRA)

*Area Group Representatives

1.2 IAAF Delegates

Organisation	José Maria ODRIOZOLA (ESP)
Technical	Maurizio DAMILANO (ITA)
Press	Anna LEGNANI (ITA)
Television	Ernest OBENG (GBR)
Medical/Anti-Doping	Juan Manuel ALONSO (ESP)
Jury of Appeal	Alberto JUANTORENA (CUB) Cesar MORENO BRAVO (MEX) Luis SALADIE (ESP)
Int. Race Walking Judges	Ann-Iren GUTTULSROD (NOR) – Chief Noel CARMODY (GBR) Jordi ESTRUCH VALERO (ESP) Isnardo GARCIA (COL) Jill HUXLEY (AUS)

	Janusz KRINICKY (POL) Ochieng OCHIENG (KEN) Peter WRIGLEY (NZL) Shande YANG (CHN)
Assistants to the Chief Judge	Anne FRÖBERG (FIN) Stephen TAYLOR (GBR)
Recorder	Peter MARLOW (GBR)
Course Measurer	Pedro ZAPATA (PUR)

1.3 LOC Members

Accommodation	Esteban TREVIZO
Administration	Alejandro JIMÉNEZ
Call Room	Juan de Dios VAZQUEZ
Ceremonies	Armida OCHOA
Competition site	Daniel OJEDA
Doping Control	Eloy MÁRQUEZ
Finance	Américo MORALES
Internal Transportation	Marco Antonio ROBLES
Marketing	Antonio GONZÁLEZ
Media/ Press Centre	Pedro ZAVALA
Medical Services	Héctor ARMENDÁRIZ
Protocol	Julio RASCÓN
Services	Anibal ESTRADA
Technical Sport Coordination	Sergio HERNÁNDEZ
Technical Support	Fernando ACOSTA
Television	Mario QUINTANA
Accreditation	Efrén GARCIA
Volunteers	Leopoldo LÓPEZ

2. GENERAL INFORMATION ABOUT THE COUNTRY AND THE CITY

2.1 Mexico

Form of Government	It is a Republic divided in 32 states
Area	Mexico is the fourth largest country in the world with 2 million km ² of territory.
Population	107 million people
Language	The official language is Spanish but several dialects are spoken mainly in the South of Mexico
Religion	Mainly Catholic
Capital	Mexico City
Local Time	In May, the time difference between Chihuahua and Central Europe (Paris) will be -8 hours. 12:00 noon in Chihuahua will be 20:00 in Paris.
Currency	Pesos
Coins	1,2,5,10,20,50,100,200,500,1000 bills
Notes	Credit cards that are used almost everywhere: American Express, Visa, Master Card
Electricity	Mostly 110v, in special cases 220 v
Telephone	Country code: 52
Mobile phone networks:	GSM
Mobile phone companies:	Usacel, Movistar, Nextel, Unefon

2.2 Chihuahua

2.2.1 Basic Facts

Population	748.518
Area	9,219.30 km ²
Language	Spanish
Temperature in May	Maximum 30 C – Minimum 15 C
Telephones	Emergencies 066
	Radio patrols 060
	Government of the state of Chihuahua 070
Area code for Chihuahua:	614

2.2.2 Places of Interest

Tarique's Museum	Its name comes from the tarahumara dialect and means Rarámuri seed. It opened its doors to the public on 12 October 1982, with the aim of spreading the history of the city of Chihuahua, with emphasis on the ethnicity of the Conchos and various aspects of life of the revolutionary Pancho Villa (visit: Mon-Fri: 9:00 am to 18:00 pm Sat: 10:00 hrs to 14:00 hrs).
Hidalgo's Prison Cell	The museum is part of Hidalgo road, which includes a number of sights from Monclova, Coahuila, to the city of Chihuahua. It exhibits some belongings and documents of the Mexican hero, the priest Miguel Hidalgo, and two bronze reproductions of the verses which he wrote with charcoal hours before his death appreciating the hospitality given to him by his jailers.
Dancing Fountains	Spectacle of great beauty where the jets of water from the fountains dance in sync with the classical and popular music as a spectacle of lights decorating the show, their enjoyment is totally free and there is a tower next door that serves as a lookout to see the city almost completely. To keep this beautiful show is necessary that the water source is in perfect condition, so that the source has a sophisticated, some expensive, filtration and maintenance.
Nombre de Dios Caves	These caves were recently discovered. There are various formations made from salts and minerals over millions of years.
Plaza del Angel	Plaza Mayor and Plaza del Angel, is a large open area with a tall column of an angel called "Angel of Freedom". The square is surrounded by several parks, has other sculptures that make it a very popular place of interest in the city. It is only a few blocks from cathedral, Liberty Street and the dancing fountains. At its side is the temple of San Francisco, one of the oldest temples of the city.

3. VISAS

3.1 Visa Procedures

The Organizing Committee of the IAAF World Race Walking Cup Chihuahua 2010 is pleased to communicate the procedure to be followed for those who need a visa to enter Mexico.

All individuals (athletes or officials) members of their team travelling to Chihuahua must submit their visa application through their National Federation.

The National Federation must submit to the LOC the names of ALL participants (athletes and officials), ideally on an excel sheet, and providing for each person:

- Name, First Name
- Gender
- Date of birth
- Passport number
- Expiry date of passport
- Embassy / Consulate in which the visa will be collected (name of city)

The information must be sent to visas@chihuahua2010.com. The designated person for visa procedures is Arturo López Mendiola, and he will assist you along the process. If you have further doubts regarding the procedure you can contact him also at arturooroky@yahoo.com. The Mexican Athletics Federation (FMA) will then be in charge of carrying out the proceedings with the National Immigration Institute.

Within one week, and assuming the information has been correctly submitted, the process should be complete and the National Federation can report to the Embassy or Consulate with ALL the passports to collect the visa.

Based on the Preliminary Entries received, the following is a breakdown of the countries that do and that do not need a visa.

3.2 List of Countries whose Citizens DO NOT NEED A VISA:

Australia	Hungary	Puerto Rico
Canada	Ireland	Romania
Chile	Italy	Slovakia
Costa Rica	Japan	Slovenia
Czech Republic	Lithuania	Spain
Denmark	Netherlands	Sweden
El Salvador	New Zealand	Switzerland
Finland	Norway	USA
France	Poland	Venezuela
Great Britain & NI	Portugal	

3.3 List of Countries by Areas whose Citizens DO NEED A VISA and HAVE an Embassy/Consulate in their country:

Algeria	Democratic Republic of Congo	Tunisia
Belarus	Ecuador	Turkey
Bolivia	Guatemala	Ukraine
Brazil	Peru	United Arab Emirates
China	Russia	
Colombia	Serbia	

4. ARRIVAL IN CHIHUAHUA

4.1 International Airport in Chihuahua

The official airport is Chihuahua International Airport. Upon arrival in Chihuahua's Airport, each team delegation should proceed to the Arrivals area. Once the delegation has been processed through entry formalities and customs clearance, they will be met by the Local Organizing

Committee Staff. These people will be easy to identify and they should be able to answer any questions you may have.

If luggage is lost during the flight, the LOC will make every effort to help locate it. The Team Leader is nevertheless requested to make the appropriate declaration at the lost and found office.

4.2 Insurance

All Member Federations are responsible for arranging their own insurance to cover illness or injury of any member of their delegation and/or team when travelling to and from IAAF Competitions and during the event itself.

For the Federations that are benefiting from the insurance coverage taken by the IAAF on behalf of the Federation, for all athletes and officials entered, the insurance policy includes cover for emergency medical costs during the travel and stay abroad. Should you require Insurance Certificates for the purpose of visa applications, please inform the IAAF when submitting your Preliminary Entries (contact: kata.farkas@hq.iaaf.org).

4.3 Attachés

One or two attachés will be assigned to each team depending on the number of athletes and team officials. Small delegations will be asked to share an attaché. The Attachés will assist the teams during their stay in Chihuahua.

5. ACCREDITATION

5.1 Location of Accreditation Centre

There will be one Accreditation Centre during the event. It will be located in the Palacio del Sol Hotel in ballroom Tolteca and Mixteca with opening hours from 10:00 to 20:00, on 13 and 14 May. Further information will be available upon arrival and also from the Competition Information Desks in each hotel.

5.2 Accreditation Procedures

Upon arrival, all teams will be transferred to their respective hotel while the Team Leader should report to the Accreditation Centre as soon as possible to reconcile any financial aspects, confirm the entries and to collect the accreditation badges and welcome bags for the team.

The Team Leader will be asked to complete the accounting procedures and settle any extra payments (for team members above quota, extra days, and/or team officials) before he can collect his accreditation card, which will be given upon presentation of the agreed settlement.

Teams or individual athletes arriving prior to 13 May will be handled on an individual basis.

The accreditation cards must be worn visibly at all times and must be presented upon request. They are personal and non transferable.

5.3 Loss of Accreditation Card

The loss or theft of an accreditation card must be reported immediately to the IAAF at the Accreditation Centre. In order to obtain a new accreditation, the athlete in question, accompanied by his official and carrying an appropriate identification document, must request it personally.

6. TRANSPORTATION

6.1 Team Transportation Arrangements

Transportation between the Airport, the Team Hotels, the Course and the various other venues will be arranged by the LOC transportation service. A detailed specific time table will be posted on the notice boards of the Competition Information Desks.

6.2 Travel Times

The approximate travel times to the Competition Course from the Team Hotels is between 10 and 25 minutes.

6.3 General Travel Information

Staff members at the Competition Information Desks will assist with issues concerning transportation. The LOC will assist teams with confirmation of their return travel arrangements and will also provide information on public transportation.

Special transportation will be available for official dinners, doping control and other social functions. Information will be displayed at the Competition Information Desk.

7. ACCOMMODATION

7.1 Team Hotels

All the participants will be accommodated in the following hotels which are all of a similar standard:

“Fiesta Inn”

Blvd. Antonio Ortiz Mena #2801
Col. Quintas del Sol
Tel. +52(614)4290100

“Palacio del Sol”

Av. Independencia #116
Centro Histórico C.P. 31000
Tel. +526144123456

“Wingate”

Sierra de la Campana #3701
Fraccionamiento Comercial Vistas del Sol
Tel. +52(614)180-30-30 / 426-74-40

7.2 Team Accommodation Costs

Within the official period 13-17 May (4 nights)	Twin Full Board Per person per night	Single Full Board Per person per night
Quota athletes	Paid by the LOC	USD 30
All officials and athletes outside quota	USD 65	USD 95
Outside the official period	Twin Full Board Per person per night	Single Full Board Per person per night
All athletes and officials	USD 70	USD 95

Accommodation expenses for additional athletes and officials must be settled upon arrival (see Accreditation Procedures). Payments can be made in cash (USD or Pesos) or by credit card (Visa or Eurocard / Mastercard). Invoices will be issued in USD.

All extra charges (telephone, laundry, bar, etc.) must be paid for by teams directly at the hotel's reception desk the night before they leave.

7.3 Reservations

All reservations must be made through the IAAF via the IAAF on-line Event Entry System, (<http://evententry.iaaf.org>). The accommodation invoice will be based on the information submitted by 3 May (deadline for Final Entries).

7.4 Facilities In The Team Hotels

- Competition Information Desks
- Team meeting rooms

- Team dining rooms
- Other: medical and physiotherapy rooms, internet access

7.5 Competition Information Desks

In the lobby of each hotel there will be a Competition Information Desk with experienced staff offering relevant information (general, technical, medical, transportation).

Opening Hours:	
13-14-15 May	10:00-23:00
16 May	06:00-22:00
17 May	05:00-14:00

7.6 Team Meeting Rooms

Team Delegations will have access to meeting rooms. Team Leaders should contact the Competition Information Desk for availability and booking.

7.7 Telephone Calls

Charges for phone calls must be settled at the time of check-out. If any of the delegation members have unsettled phone charges, these will be debited to the Team. Team Leader/members should provide a credit card to the hotel in order to be granted access to the telephone.

7.8 Meals

All meals will be served in the athletes' dining room or restaurant at their hotels. It is essential to show the accreditation card to enter the dining room/restaurant. All meals will be served according to the timetable indicated below:

Meal	Time
Breakfast	06:00 - 10:00 (from 05:00 on Saturday 15 May)
Lunch	12:00 - 15:00
Dinner	19:30 - 22:30

Note: On Sunday, 16 May dinner will be served at the Final Banquet only

7.9 Final Banquet

All members of the Delegations are invited to attend the Final Banquet at 20:00 on Sunday, 16 May at Hotel Soberano, ballroom "Diamante". This will consist of a sit down meal and will last until midnight. Additional information will be available from the Competition Information Desk.

8. GENERAL PROGRAMME

Thursday 13 May		
All Day	Team arrivals	
Friday 14 May		
11:00	Press Conference	Hotel Soberano (La Placita)
16:00	Technical Meeting	Hotel Palacio del Sol
18:30	Opening Ceremony	Teatro de los Héroes
20:00	IAAF / LOC Reception (By Invitation only)	Central Patio of Palacio de Gobierno
Saturday 15 May		
08:00	50km Senior Men	
12:15	Award Ceremony 50 km Senior Men	

17:00	10km Junior Men
18:00	20km Senior Women
20:00	Award Ceremony 10km Junior Men
20:15	Award Ceremony 20km Senior Women

Sunday 16 May

09:00	10km Junior Women	
10:10	20km Senior Men	
12:00	Award Ceremony 10km Junior Women	
12:15	Award Ceremony 20km Senior Men	
20:00	Final Banquet	Hotel Soberano (Salón Diamante)

Monday 17 May

All Day	Team departures
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9. TECHNICAL MEETING

9.1 Date, Time and Venue

The Technical meeting will take place on Friday, 14 May at 16:00 at Palacio del Sol Hotel –Salon Palacio.

As usual, no more than two (2) representatives from each participating Member Federation (and an interpreter or attaché if required) may attend the meeting.

Note: There will not be a guided visit of the course as all delegations will have the opportunity to inspect the circuit and facilities during the training sessions.

9.2 Agenda

The IAAF Technical Delegate will preside over the meeting, which will be conducted in English according to the following Agenda:

1. Welcome
2. Presentation of IAAF Delegates and main Competition Officials
3. Course
4. Drinking/Refreshments stations
5. Start procedures and Call Room
6. Finish Procedures
7. Protests/Appeals
8. Doping control
9. Opening, Closing and Medal Ceremonies
10. Answers to written questions
11. Distribution of bib numbers

9.3 Written Questions

Any enquiries concerning the Competition must be made in writing (in English or Spanish). The forms on which the questions must be written will be distributed upon arrival at the Accreditation Centre. These forms must be returned to the Competition Information Desks in the Teams' Hotels no later than 12:00 noon on Friday 14 May. Only these questions submitted on the official form will be answered at the Technical Meeting.

10. TECHNICAL INFORMATION CENTRE AND COMPETITION INFORMATION DESKS

10.1 TIC

The TIC will be located at the course, immediately adjacent to the teams changing area. In addition, a notice board will be available where results will be posted as soon as available. The TIC will ensure a smooth liaison between each Delegation and the Local Organising Committee, the IAAF Technical Delegate and the Competition Management. Any enquiry must therefore first be addressed to the TIC, including protests on the conduct or result of a race. In case of need, the TIC staff will then contact a member of the Competition Management.

10.2 CID

The CIDs will be located in each of the athletes' hotels. They will be open daily from the 13 to the 16 May (see also 7.5) and will act as an information point for issues relating to accommodation, meals, transport, training and the competition in general. Next to each CID there will be a notice board with the most important information as well as the entry lists and start lists (once finalised and confirmed by the Technical Delegate). Please note that the CIDs shall be in charge of receiving any written inquiries for the Technical Meeting (deadline 12:00, 14 May).

11. COMPETITION AND TRAINING FACILITIES

11.1 Course

The course is an almost completely flat 2km loop located at the South of the city within the Sports Complex "Deportiva Sur" with a good asphalt surface. It develops along the internal roads of the sports complex, thereby forming an "L" shape.

All the necessary facilities will be provided as required, including a changing area with separate partitions for the teams (small teams or individual athletes will share).

See Map of course and facilities in Appendix A.

11.2 Warm-Up Area And Call Room

The warm-up area consists of a dedicated stretch of road adjacent to the teams changing area. It is completely flat and access will be reserved to team members only. The Call Room will be situated at the one end of this area, close to the course.

An independent PA system will be installed in the Call Room / changing area to call the teams.

11.3 Training

Athletes will be able to train at the course therefore a bus service shall be organised from each of the three team hotels to and from the Unidad Deportiva Sur.

Transport will be organised for morning and afternoon sessions on Thursday 13 and Friday 14 May with the following departure schedule from the hotels and from the course:

	Departure from hotels		Departure from the course	
Morning	08:00	09:00	10:30	11:30
Afternoon	15:00	16:00	17:30	18:30

Please check with the Competition Information Desk in your Hotel in case of changes to the above.

12. MEDICAL SERVICES

12.1 General

Twelve medical teams of doctors and nurses will be on duty to provide the medical service for the World Race Walking Cup. They will be available at the training, at the course, warm-up areas, in the physiotherapy, massage areas and at the hotels.

In particular, at the competition and training areas there will be 6 medical teams while a special team of 2 doctors will cover the needs at the hotels (24-hour service). There will be 2 specialized and experienced doctors in general surgery and emergencies (pre-hospital and hospital services) and 2 ambulance vans with emergency equipments, intensive therapy, certified according to the official Mexican regulation 237 of the Health Secretariat for assistance in medical emergencies. In case of emergency the person will be taken to different Hospitals depending on the case.

The centres and Medical Teams will be connected by means of mobile phones and portable radio transmitters. All the doctors and nurses will be easy to identify.

No special vaccination is needed for staying in México.

12.2 Physiotherapy and Massage

Concerning the physiotherapy and massage, for teams that do not have their own doctors/masseurs, LOC will provide the service with special personnel. Teams with their own doctors/masseurs will be given special equipment and a specific area in the circuit of competence (upon request).

13. COMPETITION ENTRY PROCEDURES

13.1 Team Entries

For the Senior Races Teams of no more than seven (7) athletes can be entered. Five (5) athletes will be allowed to start in each race of which three (3) will score.

For the Junior Races, teams of not more than five (5) athletes can be entered. Not more than three (3) shall be allowed to start in each race of which two (2) will score.

13.2 Age Categories

Junior athletes: Any athlete aged 18 or 19 years on 31 December in the year of the competition (born in 1991 or 1992) may compete in the Senior 20km Races or the Junior Races (NOT in the Senior 50km Race).

Youth athletes: Any athlete aged 16 or 17 years on 31 December in the year of the competition (born in 1993 or 1994) may compete in ONLY in the Junior races.

Younger athletes: No athlete younger than 16 years of age on 31 December in the year of the competition (born in 1995 or later) may be entered.

On arrival, Team Leaders must present athletes' passports, or other official documents which indicate year of birth, to confirm dates of birth and ages. For each athlete entered, the corresponding documents shall be photocopied by the LOC.

13.3 Final Entries

The Final Entries must be submitted online using the IAAF on-line Event Entry System (EES). The deadline is **3 May 2010, midnight Monaco time**. Final Entries may be submitted starting 5 April 2010.

13.4 Final Confirmations

Final Confirmation of Entries must be made upon the team's arrival, at the Accreditation Centre, and in any case no later than the start of the Technical Meeting which will take place on Friday, 14 May, at 16:00.

13.5 Athlete Acknowledgement And Agreement

As announced in Circular M/24/09 dated 29 July 2009, each athlete competing in an IAAF World Athletics Series Competition should have an appropriately filled in and signed copy of the Athlete Acknowledgement and Agreement on file at the IAAF. All athletes competing in the IAAF World Race Walking Cup must sign and submit this acknowledgement, as soon as possible, but by no later than the Final Entry deadline. Member Federations are obliged to submit one for each entered athlete (email: athletes-agreement@iaaf.org or fax: +377.93.15.95.15).

13.6 Athletes' Clothing

13.6.1 Uniform

Athletes shall participate in the uniform clothing approved by their National Governing Body. The Medal Ceremony is considered part of the competition for this purpose. In accordance with IAAF Competition Rule 143.1 and the IAAF Advertising Regulations, athletes' competition vests should have the same colour on the front and back.

13.6.2 Advertising

The name/Logo of the Manufacturer of the attire may be displayed once on the front of the competition vest. Such display shall be in a rectangular form with a maximum size of 30cm² and with the lettering a maximum height of 4cm and the total Logo a maximum height of 5cm.

The name/Logo of the Sponsor of a national team may also be displayed once on the national vest/leotard on a separate patch, instead of one of the national team or Member Federation Logo or Flag on the front, provided that such national sponsor is not a competitor of a Sponsor of the IAAF or of the Championships.

For the purpose of avoiding such conflicts, Member Federations must seek and receive prior approval from the IAAF. The maximum size of such display shall be 30cm² with a maximum height of 5cm.

13.6.3 2010 Advertising Regulations

For further information, the 2010 IAAF Advertising Regulations can be found on the IAAF Website in the publications section (<http://www.iaaf.org/aboutiaaf/publications/regulations>).

The uniforms will be checked upon arrival at the Accreditation Centre so team leaders must remember to bring a sample with them.

14. COMPETITION PROCEDURES

14.1 Bib Numbers

All competitors will receive 3 (three) bib numbers, which shall coincide with the numbers in the start list. Every competitor must wear two (2) numbers during the competition, on the front and on the back. The third number can be placed on the bag.

The bibs for the front will only be delivered at the Call Room and will carry the athlete's name and transponder.

Bib numbers must be worn in accordance with IAAF Rules and must not be cut, folded or obscured in any way. Failure to comply with the Rules may result in a disqualification or sanction.

14.2 Call Room

All competitors must present themselves at the Call Room according to the scheduled check-in times as noted below.

15 May	First Call	Final Call	Start
50km Senior Men	07:15	07:35	08:00
10km Junior Men	16:25	16:35	17:00
20km Senior Women	17:15	17:35	18:00

16 May	First Call	Final Call	Start
10km Junior Women	08:15	08:35	09:00
20km Senior Men	09:25	09:45	10:10

Note: Any changes to the above will be announced at the Technical Meeting.

Times will also be announced over the PA system as well as shown on the electronic display in the Warm up Area.

Competitors who fail to appear on time at the Call Room without a valid reason (e.g. a medical certificate delivered by the official doctor of the Championships) may be excluded from participating. Team officials are not allowed to enter the Call Room.

Athletes must report to the Call Room already wearing their competition vest with the number bib **ONLY on the back**. In principle no clothing or personal belongings should be taken in the Call Room. Any such items that should be left in the Call Room shall be taken back to the changing tent.

The procedures in the Call Room shall be as follows:

- Identification of the competitors by means of the accreditation cards and bib numbers
- Delivery of second bib number carrying the transponder
- Checking of athletes' uniform. Athletes not wearing their official team uniform will be required to acquire the correct attire before they progress through the Call Room. Any infringement of the Rules may result in the disqualification of the competitor.

Team Leaders should ensure that all their athletes comply with the above before entering the Call Room to avoid delays.

After completion of these procedures, athletes shall be allowed to leave the Call Room and move towards the start area.

14.3 Line Up for the Start

The Technical Delegate will identify the athletes who will be in the front row. The remaining athletes shall line up behind the front row at random.

There will be pre-calls at 5 minutes, 3 minutes and 1 minute before the start.

14.4 Starter's Commands

The starter's commands will be given in English. The following commands will be used:

- "On your marks"
- Firing the gun

14.5 Refreshment, Drinking and Sponging

The refreshment station will be set up according to the IAAF Rules. It will be situated about 350m after the start (see map in Appendix A).

A maximum of two officials per team, with the appropriate special pass, will be allowed to access the Refreshment Stations. Tables will be arranged in alphabetical order (of country code). Small teams or individual athletes will have to share a table.

LOC will provide one unbranded bottle for each athlete (and a label) in the welcome bag which can be used for athlete's personal drinks.

Member Federations will be responsible for bringing refreshments to their tables. If an athlete has no official able to assist him, the LOC will ensure that the refreshment is placed on the athlete's table. Athletes concerned must contact the Competition Information Desk at the hotel to make the arrangements.

There will be two drinking / sponging stations. The first will be situated about 850m after the start and the second about 200m before the finish line. Both shall be situated to the right of the race direction and will provide, in this order, sponges (3 tables), water (3 tables) and isotonic drinks (3 tables).

14.6 Posting Board

Red cards and disqualifications will be posted on the electronic posting board provided and operated by SEIKO. This will be positioned on the right hand side of the course about 100m before the finish line.

14.7 Athletes Beyond Time-Limit

Based on a recommendation by the IAAF Race Walking Committee regarding this competition, the IAAF Council has approved time limits within which athletes must complete segments of the races. This decision shall be implemented in Chihuahua for the first time.

Athletes will not be allowed to start the last 2km loop if their time at the start of the loop exceeds:

- 1:35:00 for the 20km Senior Men's Race;
- 1:40:00 for the 20km Senior Women's Race;
- 4:40:00 for the 50km Senior Men's Race.

Athletes who fail to start the last lap within these times will not be allowed to finish the race (stopped by competition officials and asked to leave the Course) and will be declared as DNF.

There is no time-limit for the Junior Races.

14.8 Timing

Timing services will be provided by SEIKO. Transponder timing will be the official timing system.

14.9 Scoring / Ties

In the senior races the first three finishers shall score for the team while in the junior races, the first two finishers shall score.

Each race shall be scored separately. The team results shall be decided by the aggregate of places recorded by the scoring athletes of each team. The team with the lowest aggregate of points will be judged the winner. If a team fails to finish with a complete scoring team, the runners finishing shall be counted as individuals in the race result and be eligible for the individual awards. No adjustment to the scoring places of the finishing teams shall be made in respect of any non-scoring team athletes or of individual entries.

In the event of a tie, it shall be resolved in favour of the team whose last scoring member finishes nearer to first place.

15. POST-COMPETITION PROCEDURES

15.1 Mixed Zone And Post Event Area

All athletes, upon completion of their event, must proceed to the Mixed Zone located just ahead of the finish line, where they will meet with Media for flash interviews. At the end of the Mixed Zone:

- athletes shall be asked to return the transponder
- athletes selected for doping control shall be notified by a doping control officer
- medal winners shall be notified accordingly and eventually escorted to the Medal Ceremonies waiting area

Athletes wishing to collect their clothing must walk back to the changing area.

15.2 Interviews

Flash Interviews

Flash interviews with TV and radio will be conducted immediately after each race in the Mixed Zone, followed by short interviews with written press.

Press Conferences

Press Conferences will be conducted with all the medallists.

Flash interviews in the Mixed Zone and formal press conferences take priority over all interview requests.

15.3 Doping Control

The Doping Control Centre (DCC) at the course will be situated on the tennis courts just behind the finish area.

Doping Control shall be conducted in accordance with IAAF Procedural Guidelines for Doping Control under the supervision of IAAF Doping Control Delegate. Urine samples may be collected immediately before and during the competition.

The selection of athletes for control will be made randomly under the supervision of the IAAF Doping Control Delegate and will be based on finishing position.

Athletes selected for doping control shall be informed by doping control officials. Athletes will be required to sign a confirmation of notification. Athletes who are to be tested may invite a team official to accompany them to the Doping Control Centre (DCC).

All selected athletes will be accompanied by a Doping Control Official from the time of notification until arrival at the DCC.

Athletes are reminded that refusal to provide a sample can render them liable to disqualification and may lead to further disciplinary actions.

15.4 National Records Testing

All athletes who have achieved a National Record and were not chosen for doping control may voluntarily submit themselves to testing. Athletes must complete and sign the form "IAAF Doping Control Test" at the TIC. The costs for such a doping test amounts to USD 200 and this amount shall be debited to the Member Federation's account with the IAAF.

15.5 Protests And Appeals

Protests concerning the result or conduct of an even should be made within 30 minutes of the official announcement of the result of that event, i.e. 30 minutes after the result is displayed on the official Notice Board at the TIC.

Protests shall, in the first instance, be made orally to the Referee by the athlete himself/herself or by someone acting on his/her behalf. After the decision made by the Referee, there shall be the right of appeal to the Jury of Appeal.

An appeal to the Jury must be made within 30 minutes of the official announcement of the decision made by the Referee, in writing signed by a responsible official on behalf of the athlete, and shall be accompanied by a deposit of USD 100 which will be forfeit if the protest is not upheld. The appeal to the Jury must be made on the appropriate form, which can be obtained at the TIC. A copy of the signed appeal will be given to the individual lodging the appeal.

The Jury of Appeal will provide a written response to the appeal as soon as possible. A copy will be placed in the team's pigeonhole at the TIC and posted on the official Notice Board at the TIC.

16. COMPETITION AWARDS

The IAAF shall award prize money for the Senior Events at the World Race Walking Cup as follows:

16.1 Individual

Place	Award
1 st	US \$30,000
2 nd	US \$15,000
3 rd	US \$10,000
4 th	US \$7,000
5 th	US \$5,000
6 th	US \$3,000

16.2 Team

Place	Award
1 st	US \$15,000
2 nd	US \$12,000
3 rd	US \$9,000
4 th	US \$7,500
5 th	US \$6,000
6 th	US \$3,000

All athletes winning prize money at the IAAF World Race Walking Cup will be asked to complete a form indicating how they wish the money to be paid. Award money will only be paid following confirmation of doping control results and once the information on how to pay the money is received by IAAF.

17. CEREMONIES AND PROTOCOL

17.1 Opening Ceremony

The Opening Ceremony will take place on Friday 14 May at the “Teatro de los Heroes”. It begins at 18:30 and will last about one hour. Athletes and Officials will be invited to attend but no involvement in the actual Ceremony will be required.

17.2 Medal Ceremonies

The first three (3) athletes in each event and the first three (3) teams in each race will be presented with a gold, silver or bronze medal as appropriate. Athletes/teams will be gathered together by an official and taken to the ceremony area where they will prepare for the ceremony. Athletes must wear their delegation’s approved uniform at medal ceremonies. During the playing of the anthem and rising of the flags, they shall face the flags and conduct themselves in a dignified manner at all times. Medal ceremonies shall be conducted at the course.

The medal ceremonies schedule shall be as follows:

15 May	12:15	Medal Ceremony 50 km Men
	20:00	Medal Ceremony 10km Junior Men
	20:15	Medal Ceremony 20km Women
16 May	12:00	Medal Ceremony 10km Junior Women
	12:15	Medal Ceremony 20km Men

17.3 Closing Ceremony

A brief Closing Ceremony will take place on Sunday 16 May just after the last Medal Ceremony at the course. No involvement from the teams will be required. Further information will be provided at the Technical Meeting.

18. DEPARTURE PROCEDURES

18.1 General

Prior to departure, Team Leaders must settle any outstanding charges at the hotel. Check-out time will be 12:00.

18.2 Departure Times

Team departure times are to be indicated on the final entries. Team Leaders are nevertheless requested to confirm by means of the appropriate departure forms available at the Competition Information Desk.

Transport to the airport will be arranged for all delegations and detailed departure information, including the bus departure time from the hotel, will be delivered to the delegations in advance. In any case, departure time from the hotel will be approximately 2 hours in advance of the flight time.

18.3 Luggage

The hotels have a cloak room for storing luggage on the day of departure, if it is required.

APPENDIX – Course Map



- Manual Timing
- Call Room
- Award Ceremony
- VIP Guest
- Media Center
- Photographers area
- Medical Service
- Toilets
- Electronic Board Seiko
- Team Dressing Rooms
- Doping Area
- Recovery Area
- Refreshment and Hydration Area
- Waters
- Sponges
- Isotonic Beverages
- Judges**
- of Route
- of Secretariat
- of Control
- of Manual Warnings Board



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